



HOW TO DRESS FOR SUCCESS

Destination Work by Gi Group





CHOOSING THE RIGHT OUTFIT

INTERVIEW ATTIRE TIPS

- Dress for the job you want – for instance, if your role is based in an office, wear business attire
- Look smart and professional to help make a great first impression and help you feel more confident
- Choose smart but comfortable shoes which you can walk in without difficulty. Feeling comfortable will help make you feel more confident
- Limit the amount of perfume/ aftershave you wear

WHAT TO AVOID DURING AN INTERVIEW

- Avoid chewing gum during your interview
- Avoid placing your mobile phone on the table during the interview, and ensure it is on silent or switched off
- Don't drink coffee or fizzy drinks



PREPARATION IS KEY

- Before your interview, ensure you have all the clothing you need, giving you time to make arrangements for new items in good time
- Get your clothes ready the night before, so you don't have to spend time getting them ready on the day of the interview. Ensure your clothes are clean and fresh
- If your clothes are dry clean only, take them to the cleaners after an interview, so they are ready for the next time
- Clean or polish your shoes



SUMMARY

- **Prepare**
 - Your questions about the role – write them down
 - Your clothes and shoes
 - Travelling to the interview – plan route and do a practice run
- **Practice**
 - Your handshake/greeting
 - Anticipate questions and rehearse your answers
 - Your facial expressions/posture – look interested at all times

